

## ambiguity, loss, and trauma: the impact of entry into foster care

Structural ambiguity: a lack of clarity about the meaning of foster care<sup>1,2</sup>

**Placement reason ambiguity:** a lack of clarity about the reason for being placed into foster care<sup>1,2</sup>

**Placement context ambiguity:** a lack of clarity about the context of the foster care placement<sup>1,2</sup>

**Relationship ambiguity:** a lack of clarity about the people with whom they will be placed<sup>1,2</sup>

**Role ambiguity:** a lack of clarity about one's role in familial contexts<sup>1,2</sup> **Temporal ambiguity:** a lack of clarity about the duration of the foster care placement<sup>1,2</sup>

**Ambiguous loss:** a lack of clarity about the psychological and/or physical presence of members in the psychological family<sup>3</sup>

1. Mitchell, M. B. (2016). The neglected transition: Building a relational home for children entering foster care. New York, New York: Oxford University Press.

2. Mitchell, M. B. & Kuczynski, L. (2010). Does anyone know what is going on? Examining children's lived experience of the transition into foster care. Children and Youth Services Review, 32, 437-444.

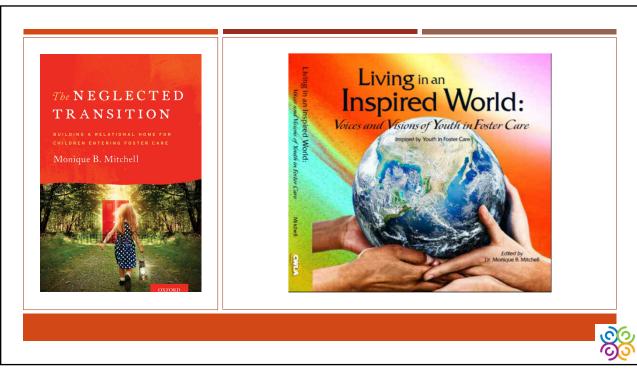
3. Boss, P. (1999). Ambiguous loss. Learning to live with unresolved grief. Cambridge, MA: Harvard University Press.

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## Recommendations

- Ensure that children are only removed from their families when it is absolutely necessary
- Ensure that information is provided directly to children during removals and the home transfer to mitigate ambiguity
- Ensure that state policies and practices exist to effectively address the ambiguity and trauma experienced by children during the apprehension transaction and foster care placement transaction
- Ensure that all law enforcement officials and child protection staff who are involved in child removals receive trauma-informed, grief-informed, and child-centered foster care removal and transfer training





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